

## Welcome Home Montrose & Warrior Resource Center Monthly Newsletter



November 2015

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## Veteran's Day



President Eisenhower signing HR7786, changing Armistice Day to Veterans Day. From left: Alvin J. King, Wayne Richards, Arthur J. Connell, John T. Nation, Edward Rees, Richard L. Trombla, Howard W. Watts

<http://welcomemontrose.org/>

### From the Executive Director - Emily Smith

Quickly it has gone from motorcycle to sweater weather but I hope we have a few more nice fall weekends before more snow flies. I'm excited about some new partnerships that are being formed on a local and national level and soon hope to be able to share a lot of exciting news! Going into the holiday season I hope each of you can be proud of our community and what has been accomplished over the past four years on behalf of our military service members and their families. You've set the bar

World War I - known at the time as "The Great War" - officially ended



Emily Smith with Sheldon Smith participating in a painting class at Amazing Glaze

for the Nation on what "Supporting Our Troops" can mean. With this in mind, I carry a deep gratitude for not only the service and sacrifices made on our behalf but also for the deep and genuine appreciation shown to those that have done so. Thank you for being a community that stands apart.

[more about Emily](#)

## From the Executive Assistant - Kirk Shiflett

Veterans from our area of the Western Slope give us a renewed appreciation for their efforts both past and present and also makes us have a greater appreciation for the military personnel who are away from home and family as the holiday season approaches.

Also, more military personnel are away from home during the holidays than any of us would have imagined prior to the events of Sept. 11, and ISIS.

Our military is engaged in a difficult task made even more daunting by an environment so harsh most of us can't even imagine it. Their sacrifices should make us think about our circumstances here at home.

The holiday season often becomes centered around personal needs and desires which can also make life difficult and stressful. We wonder what we'll get as gifts or how we'll pay for the ones we give. We sometimes lose sight of those who have been called into service for their country. Take a moment from your holiday revelry to remember and pay tribute to the military personnel both active and reserve who are away from home during the holidays.

Their sacrifices continue to keep strong the nation built by those who went before them. Join us in saying thanks. Reflecting also on the WRC events I would also like to thank all the veteran and non-veteran volunteers, and the impact you make on the WRC and veterans families. The recent stand-down made a huge quality of life impact on veterans and their families. It could not be done without our great volunteer support and I hope you have wonderful upcoming holidays with friends and family.



when the Treaty of Versailles was signed on June 28, 1919, in the Palace of Versailles outside the town of Versailles, France. However, fighting ceased seven months earlier when an armistice, or temporary cessation of hostilities, between the Allied nations and Germany went into effect on the eleventh hour of the eleventh day of the eleventh month. For that reason, November 11, 1918, is generally regarded as the end of "the war to end all wars."

In November 1919, President Wilson proclaimed November 11 as the first commemoration of Armistice Day with the following words: "To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations..."

An Act (52 Stat. 351; 5 U. S. Code, Sec. 87a) approved May 13, 1938, made the 11th of November in each year a legal holiday—a day to be dedicated to the cause of world peace and to be thereafter celebrated and known as "Armistice Day." Armistice Day was primarily a day set aside to honor veterans of World War I, but in 1954, after World War II had required the greatest mobilization of soldiers, sailors, Marines and airmen in the Nation's history; after American forces had fought aggression in Korea, the 83rd Congress, at the urging of the veterans service organizations, amended the Act of 1938 by striking out the word "Armistice" and inserting in its place the word "Veterans." With the approval of this legislation (Public Law 380) on June 1, 1954, November 11th became a day to honor American veterans of all wars.

## Where We'll Be & What We'll be Doing in November

**Reminder: the WRC is CLOSED 23-27 NOV 2015**

**Veteran's Coffee will be available on 26 NOV 2015, Thanksgiving morning, 0800-1000 as usual**

**Spouse Luncheon will be a week early on Friday, 20 NOV 2015, 1130-1300**

## Let Freedom Ring Chime Distribution!

It's that time again when

**Let Freedom Ring** chimes are given to Veterans in honor of their service!  
Veteran's Day, Wednesday, 11 November 2015!

Thank you to Frank Szabo, a new supporter of Welcome Home Montrose, who has generously underwritten the cost of materials for these 100 handmade chimes.

**TELL US WHAT YOU THINK**

(click above)

Your feedback helps us to continue improving, we appreciate your input, suggestions, and ideas. Thank you for taking the time!



## **FREE Chair Massages Will Be Back Again!**



**Sign-up now** at the WRC for your FREE 20 minute chair massage provided by students from the Delta-Montrose Technical College.

**99 Slots Available**

**Veteran's Day  
Wednesday  
11 Nov 2015  
11:00am-3:30pm  
(break at 1:00pm)**

## **Where we have been and what we've been doing in October**

### **Veteran Stand-Down**

October 15, 2015

Resources, services and supplies for veterans were available and given out by volunteers - including food, outdoor equipment, and program enrollment!

**44 Veterans in need assisted  
18 Different Service Provider Representatives  
36 Volunteers; 226 Volunteer Hours**

Special thank you to:

- RMHS Homes for All Veterans (HAV)
- Volunteers of America (VOA) Back Home
- The Warriors Rest
- Grand Junction VA (GJVA)
- Volunteers of America (VOA)
- Haven House
- Senior CommUnity Care PACE
- Uncompahgre Volunteers Legal Aid
- Colorado Workforce Center
- Help Hospitalized Veterans (HHV)
- Veteran Service Officer (VSO)
- VetCenter
- AM 580 & 96.1 K-Star
- Walgreens
- True Value
- Murdoch's
- HUD-VASH



## **Humor In Uniform**



Humor in Uniform:  
**HE LOOKS LIKE THIS**

We had a new Group Commander check in, and the Maintenance Officer was showing him around the maintenance complex. In the maintenance office building there were glass doors with a large glass side panel. If you are not paying attention the glass side panel looks like the open door.

Well the Colonel was not paying attention apparently and walked smack into the glass panel. I mean hit it hard enough to bloody his forehead, nose and chin.

Later that day I was fixing my desk with a new piece of Plexiglas to lay over several documents I wanted displayed on my desk. The Captain I worked for walked in and engaged in a little small talk with me. As he was about to leave, I asked if he'd

# Couples Date Night Video Series

We had a great time with many different couples during this event! Thanks to everyone who came and shared the stories and laughter with us!



Mark Gungor is one of the most sought-after speakers on marriage and family in the country. Each year thousands of couples attend his Laugh Your Way to a Better Marriage® seminars. Mark's candid and comedic approach uses unforgettable illustrations and the power of laughter to teach proven principles guaranteed to strengthen any marriage.

Mark Gungor's take on marriage issues is refreshingly free of both churchy and psychological lingo. "The reality is that relationships between men and women are very down to earth," Mark comments. "Laugh Your Way to a Better Marriage® is about helping couples get it right, get along, have fun, and achieve a successful marriage."

WHM proudly participated in the local Amazing Race for Adaptive Sports event with the U.S. Army recruiters put on by the Montrose County School District. It was a fun Saturday afternoon spent with wonderful participants. We appreciate being invited to be a part of this experience and hope the event raised money for the program to create more awareness within the community.



seen the Group Commander. He said he hadn't.

I grabbed the piece of Plexiglas I had, and pressed it tightly to my face and said, "He looks like this."

Thanks to CWO4 Gary Gratton (Ret. US Marine Corps) for providing this months humor. Send your humor and photos for inclusion to kshiflett@welcomemontrose.org

## Veteran's Day on the West End



Photo taken by Emily Smith coming back from the West End on Hwy 90, 14October2015

The 2nd Wednesday in November, our committed day on the West End, lands on Veteran's Day this year and we are privileged to be able to participate in the events honoring these local Veterans.

- Veteran's Coffee begins at 1000 at Hopkins Field Airport
  - doughnuts provided by City Market in Montrose
  - coffee provided by Ruth's Toffee in Nuda
- Cookout Lunch begins at 1200 at Hopkins Field Airport
  - hamburgers provided by Josh Newingham
  - beverages provided by Pepsi Co.
  - buns and condiments provided by Redd's Mercantile in Nuda
  - chips **STILL NEEDED**, if you can donate please contact the WRC
- Eagle Head Cane Presentation begins at 1400 at the Naturita Elementary School as part of their Veteran's Day Presentation

## Business Window Sticker Program



### BUSINESSES:

Sign up to support our troops locally and show YOUR patriotism [HERE](#) or contact Judi Newland at 970-765-2210

### VETERANS:

Take a look at the updated list of participating businesses [HERE](#). Stop by the WRC for a print out that includes offers businesses are giving to you and your family this holiday season.

### THANK YOU!



## is honoring Veterans & supporting the WRC!

In honor of Veterans Day, Alpine Bank is doing a bank-wide campaign to honor Veterans starting Nov 1, 2015.

- They are **featuring employee Veterans** in print, in lobby banners, radio ads, social media and their website
- They are handing out free **American Flag lapel pins** (made in America!) throughout the month of November

Thank you to everyone who worked hard to make this such a special day. As the number of participants continue to grow and the Veterans who live in the western part of our county are recognized, WHM is grateful to be a part of it!

- The San Juan Region of  
Alpine Bank is **donating** all Community Card Credits accrued in  
November to the **Warrior Resource Center**

Thank you for your local support!

## Veterans Employment Opportunities



Great opportunity for veterans in need of work if you qualify, the company needs to fill these positions as soon as possible!

**Senior Intelligence Analyst**  
**Director of Analyst**  
**Jr. Intelligence Analyst**  
**Intelligence Analyst**

Apply through Connecting Colorado  
<https://www.connectingcolorado.com/>

**Bureau of Reclamation Administrative Clerk**  
position that open now. Interested Veterans can contact Kay  
at [Ischritter@usbr.gov](mailto:Ischritter@usbr.gov) for a description of the job requirement or contact  
Rich Parr at the Colorado Workforce Center 970-249-7783. The deadline to  
apply is November 9th at close of business.



The UPS company is currently hiring many seasonal employees

Contact: Human Resources Supervisor  
Desert Mountain District  
**Cynthia M. Key**  
(303) 286-4795 ext 7045  
5020 Ivy Street, Commerce City, CO.

Cynthia is a volunteer for the ESGR, Employer Support of the Guard and Reserve, as well as a supporter of veterans.

## Supply Tent

Available at the  
Warrior Resource Center  
[Click Here To View Prices  
& Sizes!](#)

### Shirts



### Hats



### Patches



### Bracelets



### Bumper Stickers



## WRC In Numbers



Total WRC Visitors in  
October:  
**1598**

Total Veterans Registered:  
**1063**

Total October Volunteer  
Hours:  
**493.5**

Average Veteran Coffee

# VETERANS DAY VIRTUAL CAREER FAIR

## MEET LIVE WITH RECRUITERS ONLINE

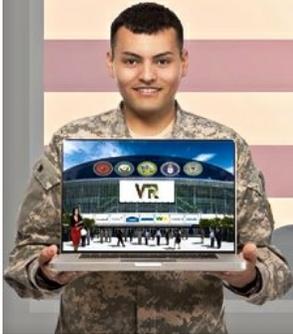
- More than 134,000 Veterans hired since September 2011
- Over 84,000 Jobs Available
- Chat live with recruiters in their virtual booths
- View/apply for jobs in real time
- Win great prizes

## GREAT PRIZES TOO

EVERY HOUR



4 PM



REGISTER TODAY

[WWW.VETERANRECRUITING.COM](http://WWW.VETERANRECRUITING.COM)

November 10, 2015

1-4 PM EST

Attendance:

81

Spouse Luncheon

Attendance:

48



## Help Hospitalized Veterans (HHV)

HHV is open on Thursdays (Veteran's coffee day) at the WRC from 9:00 to 11:00 a.m. Come on in and check out the kits for veterans. They are located across from the reception counter.



### When:

Saturday, 21 November 15

### Location:

RE/MAX Alpine View  
2730 Commercial Way  
Montrose, CO 81401

### The event will include:

- support
- viewing of *Family Journeys: Healing and Hope after a Suicide*
- breakout groups

### Any questions:

**Robin Berndt**  
rberndt@centermh.org  
970-252-3228

**Doug Phillips**  
dphillips@montrose.net  
970-209-0135

2015 International Survivors of Suicide Loss Day

Reaching Out Can Change Your Life

**You are not alone.**

Join with a community of suicide loss survivors to find comfort and gain understanding as we share stories of healing and hope.

International Survivors of Suicide Loss Day is the one day a year when people who are affected by suicide loss gather around the world at events in their local communities for support, information, and empowerment.

This year's program includes a screening of *Family Journeys: Healing and Hope after a Suicide*, a new documentary produced by the American Foundation for Suicide Prevention that traces the ripple effect of a suicide through families and communities, and explores the challenges we face as we cope and heal.

[www.survivorday.org/event/montrose-co/](http://www.survivorday.org/event/montrose-co/)



Learn More at [SurvivorDay.org](http://SurvivorDay.org)

[Click Here To Visit The Website!](http://www.survivorday.org/event/montrose-co/)

## Visit Our Calendar

1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30

Welcome Home Montrose Inc 501(c)3 #45-4103919 and your donation is fully tax deductible.

**Donate Now**

Warrior Resource Center  
11 South Park Ave  
Montrose CO 81401  
(970) 765-2210

## **Warrior Resource Center**

11 S Park Ave Montrose, CO

### **Mondays:**

Traveling Gym 3:30pm-4:30pm

### **Tuesdays:**

Tae Kwon Do 5:00pm-6:00pm

Tai Chi 6:00pm-7:15pm

### **Wednesdays:**

Traveling Gym 3:30pm-4:30pm

### **Thursdays:**

Veterans Coffee 8:00am-10:00am (veterans ONLY)

PTSD Group 10:30am-12:00pm

Eagle Head Cane Presentation FIRST Thursday,  
September 3rd, 2015 1:00pm

Tae Kwon Do 5:00pm-6:00pm

### **Fridays:**

Country Jam Session starts at 6:00pm

Spouse's Luncheon LAST Friday of each month 11:30am-1:00pm  
(military spouses ONLY)

With the suicide, divorce and unemployment rates so high in our military population, the Montrose community means to set the standard in how to serve those who stepped up to serve all of us. By strengthening our services, identifying and filling our gaps, creating programs and removing the barriers in our community, we are preparing a place where any veteran of our armed forces can thrive in the life they choose.

Welcome Home Montrose Inc.  
11 South Park Ave  
Montrose Colorado 81401  
970-765-2210

[www.WelcomeHomeMontrose.org](http://www.WelcomeHomeMontrose.org)

Please make a donation to our mission.

